

Children

- If your child has received a message from Public Health indicating that they are a case² of COVID-19 or if your child has tested positive on [a rapid test](#), they are required to isolate as per [Public Health instructions](#). For more information on isolation requirements after a positive rapid test, refer to the [Rapid Testing at Home website](#).
- If your child has been a **household contact**⁴ of a case of COVID-19 in the last 10 days AND they are NOT fully immunized³ the child should stay home and NOT attend school, childcare and/or other activities for 14 days from the last day of exposure and monitor for symptoms.

¹Symptoms resolved means symptoms have improved and with no fever for 24 hours without the use of fever reducing medication

²A lab-confirmed case OR a probable case as defined in the [Alberta COVID-19 Notifiable Disease Guideline](#)

³A child who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two-dose series

⁴A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, siblings, someone who slept over, or someone who provided direct physical care to the child.

If a child shows symptoms

Use the following chart to find required and recommended actions to take if a child shows symptoms.

Get COVID-19 test results online through [MyHealthRecords](#)

If a child has	They are required to do this
<ul style="list-style-type: none"> • Fever with a temperature of 38 degrees Celsius or higher • Cough* continuous, more than usual • Shortness of breath* continuous, unable to breathe deeply • Loss of sense of smell or taste* <p>*Not related to other known causes/conditions</p>	<ul style="list-style-type: none"> • Fully immunized³ - they are required to isolate for 5 days from onset of symptoms or until symptoms resolve¹ whichever is longer. • After this isolation period, up to a total of 10 days past symptom onset, they are required to wear a mask when they are outside of the home, in a public place or otherwise in the company of other persons out of the household, with no exceptions. • NOT fully immunized³ - they must isolate for 10 days from the onset of symptoms or until they resolve¹ whichever is longer. • Whether they are fully immunized or not, even if they have a negative molecular (e.g. PCR) COVID-19 test or two negative rapid antigen tests, taken not less than 24 hours of each other, they still must isolate until symptoms resolve¹. • If they are within three weeks of the initial positive test of a previous infection they do not need to test again, and they can leave isolation when symptoms resolve¹. • They can use an at-home rapid test if available or the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation.
<ul style="list-style-type: none"> • Chills* without fever • Sore throat/painful swallowing* • Runny nose/congestion* • Feeling unwell/fatigued* Lack of energy, poor feeding in infants • Nausea, vomiting and/or diarrhea* • Unexplained loss of appetite* • Muscle/joint aches* • Headache* • Conjunctivitis (pink eye) <p>*Not related to other known causes/conditions</p>	<p>If you answered "YES" to ONE symptom:</p> <ul style="list-style-type: none"> • Keep your child home and monitor for 24 hours and consider giving child an at-home rapid test if available. • If at-home rapid testing is not done and the symptom is improving after 24 hours, your child can return to school and activities when they feel well enough to go. • If the symptom does not improve or worsens after 24 hours (or if additional symptoms emerge), use an at-home rapid test if available or the AHS Online Assessment Tool or call Health Link 811 to check if testing is recommended. <p>If you answered "YES" to TWO OR MORE symptoms:</p> <ul style="list-style-type: none"> • Keep the child home. • Use an at-home rapid test if available or use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended.
<ul style="list-style-type: none"> • Traveled outside of Canada in the last 14 days. 	<ul style="list-style-type: none"> • Follow the Government of Canada Travel, Testing, Quarantine and Borders instructions, including any requirements for exempt travelers related to attending high-risk environments