

## Children

- If your child has received a message from Public Health indicating that they are a case<sup>2</sup> of COVID-19 or if your child has tested positive on [a rapid test](#), they are required to isolate as per [Public Health instructions](#). For more information on isolation requirements after a positive rapid test, refer to the [Rapid Testing at Home website](#).
- If your child has been a **household contact**<sup>4</sup> of a case of COVID-19 in the last 10 days AND they are NOT fully immunized<sup>3</sup> the child should stay home and NOT attend school, childcare and/or other activities for 14 days from the last day of exposure and monitor for symptoms.

<sup>1</sup>Symptoms resolved means symptoms have improved and with no fever for 24 hours without the use of fever reducing medication

<sup>2</sup>A lab-confirmed case OR a probable case as defined in the [Alberta COVID-19 Notifiable Disease Guideline](#)

<sup>3</sup>A child who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two-dose series

<sup>4</sup>A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, siblings, someone who slept over, or someone who provided direct physical care to the child.

## If a child shows symptoms

Use the following chart to find required and recommended actions to take if a child shows symptoms.

Get COVID-19 test results online through [MyHealthRecords](#)

If a child has	They are required to do this
<ul style="list-style-type: none"> <li>• <b>Fever</b> with a temperature of 38 degrees Celsius or higher</li> <li>• <b>Cough*</b> continuous, more than usual</li> <li>• <b>Shortness of breath*</b> continuous, unable to breathe deeply</li> <li>• <b>Loss of sense of smell or taste*</b></li> </ul> <p>*Not related to other known causes/conditions</p>	<ul style="list-style-type: none"> <li>• <b>Fully immunized</b><sup>3</sup> - they are required to isolate for 5 days from onset of symptoms or until symptoms resolve<sup>1</sup> whichever is longer.</li> <li>• After this isolation period, up to a total of 10 days past symptom onset, they are required to wear a mask when they are outside of the home, in a public place or otherwise in the company of other persons out of the household, with no exceptions.</li> <li>• <b>NOT fully immunized</b><sup>3</sup> - they must isolate for 10 days from the onset of symptoms or until they resolve<sup>1</sup> whichever is longer.</li> <li>• Whether they are fully immunized or not, even if they have a negative molecular (e.g. PCR) COVID-19 test or two negative rapid antigen tests, taken not less than 24 hours of each other, they still must isolate until symptoms resolve<sup>1</sup>.</li> <li>• If they are within three weeks of the initial positive test of a previous infection they do not need to test again, and they can leave isolation when symptoms resolve<sup>1</sup>.</li> <li>• They can use an <a href="#">at-home rapid test if available</a> or the <a href="#">AHS Online Assessment Tool</a> or call Health Link 811 to arrange for testing and to receive additional information on isolation.</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Chills*</b> without fever</li> <li>• <b>Sore throat/painful swallowing*</b></li> <li>• <b>Runny nose/congestion*</b></li> <li>• <b>Feeling unwell/fatigued*</b> Lack of energy, poor feeding in infants</li> <li>• <b>Nausea, vomiting and/or diarrhea*</b></li> <li>• <b>Unexplained loss of appetite*</b></li> <li>• <b>Muscle/joint aches*</b></li> <li>• <b>Headache*</b></li> <li>• <b>Conjunctivitis</b> (pink eye)</li> </ul> <p>*Not related to other known causes/conditions</p>	<p>If you answered "YES" to <b>ONE</b> symptom:</p> <ul style="list-style-type: none"> <li>• Keep your child home and monitor for 24 hours and consider giving child an <a href="#">at-home rapid test if available</a>.</li> <li>• If <a href="#">at-home rapid testing</a> is not done and the symptom is improving after 24 hours, your child can return to school and activities when they feel well enough to go.</li> <li>• If the symptom <b>does not improve or worsens</b> after 24 hours (or if additional symptoms emerge), use an <a href="#">at-home rapid test if available</a> or the <a href="#">AHS Online Assessment Tool</a> or call Health Link 811 to check if testing is recommended.</li> </ul> <p>If you answered "YES" to <b>TWO OR MORE</b> symptoms:</p> <ul style="list-style-type: none"> <li>• Keep the child home.</li> <li>• Use an <a href="#">at-home rapid test if available</a> or use the <a href="#">AHS Online Assessment Tool</a> or call Health Link 811 to determine if testing is recommended.</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Traveled outside of Canada in the last 14 days.</b></li> </ul>	<ul style="list-style-type: none"> <li>• Follow the <a href="#">Government of Canada Travel, Testing, Quarantine and Borders</a> instructions, including any requirements for exempt travelers related to attending high-risk environments</li> </ul>