

# **Wellness Coach**

Renfrew Educational Services is a not-for-profit, registered charity operating as an independent school. We are an acknowledged leader in program development for students with disabilities. For 51 years Renfrew has offered a wide range of programs and services to children and youth from Calgary and surrounding areas. Renfrew Educational Services is committed to providing inclusive and supportive educational environments for all children and youth. Our mission is to empower children and youth with disabilities to reach their full potential through tailored educational programs and compassionate teaching. Please refer to the Renfrew Educational Services webpage: <a href="http://www.renfreweducation.org">http://www.renfreweducation.org</a> under the 'Services & Programs' for more information about the programs and services that Renfrew provides.

We are currently accepting applications for a temporary part-time (0.8 FTE) **Wellness Coach** to join our team for the 2025-2026 school year to support our team at Tsuut'ina Nation – Many Horses High School and Chief Big Belly Middle School. This is a term position for the duration of a family leave.

#### We Offer:

- Competitive salary and benefits package, including RRSP matching.
- Professional development and growth opportunities.
- Safe, supportive and collaborative work environment.
- Excellent mentorship and leadership
- Opportunity to make a meaningful impact on the lives of children and youth with disabilities and their families.

#### **Key Responsibilities:**

- Provides addiction and mental health promotion and prevention to children, youth, and families.
- Working as part of a team, this position develops and delivers developmentally appropriate, evidencebased programming that meets the objectives of the Mental Health Capacity Building (MHCB) in Schools Initiative.
- Delivery of programming involves whole school, classroom and small group work in contracted schools and community settings, and focuses on increasing knowledge, building skills, and fostering skills for resiliency that enable children, youth and adults to better their own mental health and wellness.
- Builds and maintains strong relationships with children, youth, and families, and act as "go to" mental health subject matter experts for students, staff, parents, and community partners.
- Assists with evaluation of activities and survey data collection.
- Some evening or weekend work may be required.

### **Qualifications:**

- This position requires a degree in the health or social sciences field (such as community health promotion & prevention, social work, nursing, early childhood development, public health, psychology) and who is knowledgeable about addiction and mental health services.
- At least 2 years working experience in addiction and mental health, or health/human services related role (experience as a practicum student considered).
- Experience with program planning and development using evidence-based practices, delivering programming and comfortable with public speaking.
- Knowledge of the local community and resources available.

PATRONS: Jim Gray Thomas & Kim Buchanan Three Sisters Charitable Foundation

Charitable Registration no. 77762 5492 RR0001

**Funded by:** Alberta Education, Calgary and Area Child and Family Services Authority, City of Calgary – Family and Community Support Services, Foundations and Private Donors.

- Capable of maintaining program statistics for purposes of evaluation and assisting in evaluating the effectiveness of programs.
- Skilled in Microsoft Office programs and working knowledge of Canva.
- Must be willing to travel in Calgary and surrounding areas.
- Must have a clean, valid Alberta driver's license.
- A reliable vehicle, auto insurance with a minimum \$2,000,000.00 liability and driver's license is required.

# **Pre-Requisite Security Clearance Documentation:**

- Successful candidates must provide us with a valid 'Calgary Police Check with Vulnerable Sector' dated within 3 months prior to their start date.
- 'Intervention Record Check through Alberta Child Services' is also required, however, we can support you with completing this during your onboarding.

# How to Apply:

Apply here – Wellness Coach (Careers)

While we thank all applicants for their interest, only those selected for an interview will be contacted. Renfrew Educational Service is an equal opportunity employer. We celebrate diversity and are committed to creating an inclusive environment for all employees.